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metr EFFECT

BLACKLISTED

Project Watch reaction
sees government block
use of several motels.
See story in [metroNEWS](#)



ISTOCK

Bridge closure vexing business owner

INFRASTRUCTURE

**Shop owner
says uncertain
timeline hard
on bottom-line**



**Braeden
Jones**
Metro|Edmonton

As the investigation into what caused the girders to buckle on the 102 Avenue bridge was released Monday, A.J. Jomha, owner of Ego-Trip Shoes just east of the bridge, said the ongoing uncertainty has affected his bottom line, and likely will continue to for a long time.

"The worst part is not knowing when it will be done," he said. "My whole business is

based on specialty products I have to order in advance. I can't adjust my orders."

Jomha orders seasonally. Before the first delay, he said, he had a fall order purchased that was larger than needed.

Last winter, he made his spring 2015 order knowing the bridge would still be down and that he'd had his best season since work started.

Moving forward, he's not



**There's nothing I can do
and I'm stuck with overhead
inflated unnecessarily.**

A.J. Jomha

sure what to do with the broad date range the city is giving him — from late summer to early fall next year.

"If I order this stock and the bridge opens late fall, it's

too late... There's nothing I can do and I'm stuck with overhead inflated unnecessarily," he said. "If I could adjust my business plan according to their schedule I'd have no

problems... but they don't know their own schedule."

Construction manager Barry Belcourt said the changing completion date's effect on nearby businesses is "something we aren't happy with."

"As fast as we can get the bridge open and project complete, that's our Priority 1."

metr MORE INSIDE
More on bridge problems, page 7



Female firefighters rare, but numbers on the rise

GENDER

Edmonton Fire Rescue Services recruiting for many positions



Andrea Ross
Metro | Edmonton

At 44 years old, with two children and a fashion degree, Janice Garvey didn't seem like the firefighter type.

But that changed one evening when she called 911 after seeing a vehicle on fire as she drove home to her acreage.

"Hearing those sirens wailing in the background and watching these guys hop off and pull the hoses, I thought, 'That looks like way too much fun,'" she said. "I wasn't the 24-year-old six-foot-tall male that went and became a firefighter ... (but) the next day I was out there signing up."

Garvey has been a firefighter with Edmonton Fire Rescue Services since 2005 — and that makes her one of only 48 women in the organization of 1,200. Some of these women are firefighters, others work in operations and support services, as dispatchers, communications personnel and in fire prevention.

This ratio is similar to other



Janice Garvey, a firefighter with Edmonton Fire Rescue Services, said the challenging yet rewarding workplace drew her toward the job. KEVIN TUONG/FOR METRO

fire departments in Canada. At Vancouver Fire and Rescue Services, just 21 out of 741 firefighters are female, a "notable" increase over the past 10 years, spokesman Jonathan Gormick said.

Only 12 years ago, their fire department had a mere seven women.

Edmonton Fire and Rescue Services has come a long way, Deputy Chief Keven Lefebvre said. The department has re-

branded their outreach this year to recruit for multiple positions within Edmonton Fire Rescue Services — not just firefighters, he added.

"It's been a pretty consistent trend upwards from, basically,

no women in the fire service before 1985 until today," he said. "I think it's generational, boundaries are being lowered. As we raise our little boys and girls to not be so gender-specific ... it's opening opportunities and awareness right from a young age that you can do whatever you want."

The rigorous physical testing and other prerequisites necessary for firefighter recruitment remain the same for everyone who applies to the department. Regardless of gender, it's a high standard that must be met, Lefebvre said.

One week after the Canadian Centre For Policy Alternatives ranked Edmonton as the second worst place in Canada to be a woman, Garvey said opportunities do exist for women to break into male-dominated fields in Edmonton.

"When you get into a male-dominated position, you're always going to come against those obstacles," Garvey said. "We've got females on the job who've had four kids since they were hired, and they manage to juggle it. But men have to deal with that as well."

"I found as long as ... you're able to do the job, they stop questioning you, they stop doubting you," she said of working in a male-dominated field. "You have to look at yourself as an equal."

SPORTS

NLL in a Rush to leave town

Straight off of a championship win just six weeks ago, the Edmonton Rush lacrosse club is moving to Saskatoon, leaving its former home at Northlands looking for replacements.

Team owner Bruce Urban announced via email Monday afternoon the team would be relocating and known as the Saskatchewan Rush.

The National Lacrosse League team had been in Edmonton since the 2006 season.

The capacity at the arena in Saskatoon is 15,195, less than the Rush's former home, Rexall Place, which can seat 16,839.

Despite success on the field, the team averaged approximately 6,578 fans per game, according to the NLL website.

The league's commissioner, George Daniel, said he hoped Urban would make a deal in Edmonton to ensure the "long-term viability" of the NLL in the city, but with the Rush's facility lease expiring at the end of last season, and no future home available, that NLL presence will not be the Rush.

Northlands CEO Tim Reid said the Rush was positive for Rexall Place, and he was surprised to see them go.

"In all honesty we didn't have anything that formally suggested (the Rush) wouldn't be here," he said.

"We still think lacrosse is a valuable asset ... we would be open to (interest) from another owner or from the league."

BRAEDEN JONES/METRO

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Province blacklisting motels

metr EFFECT

Minister: Gov't working to house families in need

Ryan Tumilty
Metro | Edmonton

The Alberta government is blacklisting several city motels and allocating more money to house vulnerable families as it continues to follow up on an Edmonton police investigation that found many of those families living in squalor.

Metro first reported on the police initiative, called Project Watch, in May.

Police statistics showed increased crime around a cluster of motels, and when officers dug into the problem they discovered the government was booking the rooms for vulnerable families, often at a high price.

Many of the rooms were in terrible conditions with bed bugs, mice and other infestations.

Human Services Minister Irfan Sabir said his ministry is now working with several other government departments and other agencies to identify problem locations.

"They're working with the rest of the task force, Homeward Trust, Edmonton Police, and they're trying to identify places we have deemed unsafe," he said.

"We have already identified a list where we are no longer sending our clients."

The department has inspected 10 facilities and five of them have already been scratched.

Sabir said he has also re-allocated \$1.2 million to Homeward Trust to help house the families, which is showing real results.

"We have housed 54 families and we are working with another 76 of them," he said.



Human Services Minister Irfan Sabir said the ministry is working with other departments and agencies to identify problem locations. RYAN TUMILTY/METRO

“It's going to change our focus on the kind of place we put people and where. Maybe the model changes away from motels completely.” Tony Harder, EPS deputy chief

Sabir said the real solution to the problem is more long-

term affordable social housing, which he hopes to address over

the long term.

Edmonton Police deputy Chief Tony Harder applauded the government for coming to the table to address the problem.

"The Alberta government is working really closely with us and helping us work through it," he said.

He said the closure of some properties is a step in the right direction and will put more emphasis on making sure people are housed appropriately.

"It's going to change our focus on the kind of place we put people and where. Maybe the model changes away from motels completely."

\$1.2 million

The amount relocated to the Homeward Trust by Human Services Minister Irfan Sabir to help house vulnerable families.

DISASTER

Another county declares a drought

Another Alberta community has declared a state of agricultural disaster because of drought.

Sturgeon County, north of Edmonton, says the dry conditions are hurting the livelihood of farmers.

Last week, Parkland County, west of the city, made a similar declaration, and last month,

McKenzie County in northern Alberta announced a drought disaster.

Communities that make the declaration hope it will lead to financial help from the provincial and federal governments.

Leduc County, south of Edmonton, is to consider a disaster declaration on Tuesday, and other areas in the prov-

ince facing extremely low soil moisture levels are looking at similar moves.

Sturgeon County Mayor Tom Flynn says low rainfall and hot, dry weather are combining for tough times.

"These severe drought conditions are challenging our local farmers, and by issuing this declaration, we hope to

increase awareness of these tough conditions producers are facing," he said Monday.

Large swaths of Alberta have experienced low rainfall since April, with many areas receiving well under 40 per cent of normal precipitation.

The drought is affecting cereals, oil seeds and hay for livestock. THE CANADIAN PRESS

IN BRIEF

Parks Canada: National park wildfire now under control

A wildfire that has been burning in the picturesque Maligne Valley of Jasper National Park is now under control.

The flames were sparked by lightning July 9 about 15 kilometres from the Jasper town site.

Parks Canada says crews continue to look for

and extinguish hot spots. The wildfire burned an area of around 10 square kilometres.

The Maligne Road beyond the Maligne Canyon Wilderness Hostel remained closed Monday.

Officials hope to reopen the popular road to Maligne Lake by the weekend.

THE CANADIAN PRESS

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University of Alberta professor Ellen Macdonald says the combination of oilsand dust, nitrogen and sulphur are working together to fertilize nearby forests. THE CANADIAN PRESS

Oilsands fertilizing local forests: Expert

ENVIRONMENT

Scientists are surprised at positive effects of emissions

Michelle Falk
Metro|Edmonton

New research is surprising scientists as it reveals that emissions from oilsands and the dust in the air created by open-pit bitumen mining are combining to fertilize the forest.

"Through the combined im-

pact of the dust, combined with the nitrogen and sulphur (from the emissions), has this kind of opposite effect than what we thought, so that was quite interesting," said professor Ellen Macdonald, with the department of Forest Ecology at the University of Alberta.

Macdonald said trucks and digging creates a lot of dust in the air. That dust, the researchers discovered, contains large amounts of magnesium and calcium, which is chemically a base. The mixture of the basic dust and the acidic oilsands emissions neutralized, producing a fertilizer.

"It highlights that the dust

“It highlights that the dust inputs are something that we hadn't realized how important they might be.

Ellen Macdonald,
University of Alberta

inputs are something that we hadn't realized how important they might be," Macdonald said.

When Macdonald and others began collecting data, they ex-

pected sulphur and nitrogen emissions were causing acid rain and making the soil acidic.

They were surprised, she said, to discover that this was not the case.

One of the results of this fertilizer in the forest soil is that they found an increase in tree growth as well as in the number of species of undergrowth vegetation.

While this seems positive, Macdonald cautions that changing an environment is not necessarily a good thing. One of the main concerns is that the change will starve out the native lichen, which is a food source for caribou.

CONSERVATION

Valley zoo sets up recycling program

The Edmonton Valley Zoo is now a drop off location for stuff you can't recycle elsewhere, from Tassimo coffee discs to electronic waste.

"We're trying to be the go-to place, in Edmonton, to talk about sustainability and what little things people can do at home," said Jasmine Hestad, experiences program manager at the zoo.

Through her efforts the Valley Zoo is now set up as a public drop location for items that cannot be recycled in regular blue bags or bins. The public can access the recycling station in the zoo plaza without paying admission.

That makes the zoo the only place in the city you can recycle Tassimo coffee discs, in part-

nership with TerraCycle (other brands like Keurig and Nespresso are not part of the program). The zoo also takes plastic cereal-bag liners and coffee bags, which cannot be recycled elsewhere. And they are set up to accept electronic waste, like cell phones, cords and cameras.

Hestad was inspired to instigate the Green Team, after learning about conversation efforts through the Valley Zoo's partner organizations. This project is not part of her job description but is fueled by a passion for the environment.

The little bit of money that programs bring in to the Zoo is donated to their conservation partners Snow Leopard Trust and Wildlife Conservation Society Canada. MICHELLE FALK/METRO

“We're trying to be the go-to place, in Edmonton, to talk about sustainability and what little things people can do at home.

Edmonton Valley Zoo's Jasmine Hestad

IN BRIEF

Ex-Premier Redford says Alberta PC election loss was not her fault

Former Alberta premier Alison Redford says in a published report that she doesn't feel it's her fault that the NDP was able to oust the Progressive Conservatives from almost 44 years in power.

Redford responded with a simple "no" when CBC News asked her during an exclusive interview whether she feels she was responsible for the Tories losing last spring's provincial election.

Redford said she believes that Albertans wanted change and that they felt the best way to get it was to switch governing parties.

She also told the CBC that she finds it interesting that voters in the province have elected women in the last two elections and that it was a "surprising step" when PC leader Jim Prentice stepped down from his seat the night the Tories lost.

Spending scandals and caucus concerns about her leadership style forced Redford to resign as premier in March 2014 after two-and-a-half years on the job.

She gave up her Calgary seat about five months later and told CBC during the interview that she no longer has any ties to the Tory party — or any party.

THE CANADIAN PRESS

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Construction manager Barry Belcourt speaks to media at the 102 Avenue Bridge replacement site. BRAEDEN JONES/METRO

Unnamed subcontractor caused girder failure: City

102 AVENUE

'Accelerated' construction plan in place to fix bridge

Braeden Jones
Metro | Edmonton

The city is aiming blame for several buckled girders and the delayed construction of the 102 Avenue bridge over Groat Road at a subcontractor, following the

release of a joint investigation into the problems Monday.

Road design and construction manager Barry Belcourt said anytime a failure like this happens, there's a joint investigation involving third-party experts.

"We used those (bridge) engineering experts, and they worked with us and they were part of the investigation," Belcourt said.

Ultimately, the subcontractor responsible for installing the girders "misinterpreted" the specific bracing requirements, according to the investigation.

City officials confirmed Monday the main contractor, Graham

Group, hired a sub-contractor to do girder installation. The city refused to name the sub-contractor.

On March 16, the spacing braces for the last four girders failed when a crane released the second last girder, which then buckled three girders.

Belcourt said there was a combination of permanent and temporary bracing used, and there should have been more of the latter.

The failed girders were removed, and Belcourt said they were safely repaired using "heat straightening" off site.



It's very nice when you have a contractor and (subcontractors) that realize the mistakes made and they are working collectively with (the city). Construction manager Barry Belcourt

"It could have been a lot worse," he said. "We can re-use the girders."

"It's very nice when you have a contractor and (subcontractors) that realize the mistakes made and they are working collectively with (the city) to move towards a completion date."

Belcourt said the city has not

lost faith in its contractors, who are working on an "accelerated" construction plan, and will be putting in 17-hour days for the rest of this construction season.

City officials say the timeline for the bridge remains consistent with he previous update, and the bridge is due to open in late summer or early fall 2016.

TRANSIT

Some bus ads escape contractor

Coming soon on a bus near you: Old ads.

Pitch Perfect 2, the popular a-cappella follow-up starring Anna Kendrick, came out on May 15. The movie did well, but not so well that it should still be advertised more than two months later. But it is.

Edmonton Transit Service contracts advertising services for buses. Pattison Outdoor has held the contract for 15 years, and was recently renewed for another 10. Pattison is responsible for all ad sales, maintenance and changes ads up as often as possible.

But within the ETS fleet right now are more than 800 buses and counting.

"That's moving advertising pieces constantly, in and out of the barn," said Scott Gibb, Pattison's director of sales for the area.

He explained some ads are booked long term, and some are booked for short periods.

An old ad might roll by if the bus it's on has eluded Pattison.

"We work hard to avoid that," Gibb said. "Sometimes we aren't able to get to them... we do kind of chase them around, but every once in a while buses kind of get away from us."

BRAEDEN JONES/METRO

IN BRIEF

Dead duck near spill

Nexen Energy has issued a news release saying it has found a dead duck at the site of a pipeline spill in northern Alberta.

Nexen says it believes the duck died before the company put fences, wildlife cannons and other deterrents in place.

About five million litres of bitumen, sand and produced water leaked from the pipeline near Fort McMurray last Wednesday.

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TASTE OF EDMONTON TRYING THE NEW GLUTEN-FREE OPTIONS

As the only gluten intolerant person in the Metro Edmonton office, Michelle Falk was assigned to try the food she can eat at Taste of Edmonton and tell Metro readers with dietary restrictions what it, well, tastes like. But before she got eating, she found that while the online menu said there are four brand-new celiac-friendly options this year, in reality there were only two. There are more than 100 menu items at the event and of those 17 are gluten-free. The celiac-friendly options available, however, are heavy on the meat and dessert side, with a few Mexican and Indian food options. **MICHELLE FALK** METRO



Reporter Michelle Falk samples new gluten-free menu items at Taste of Edmonton.
KEVIN TUONG/FOR METRO

1 Chilled Thai watermelon soup

FROM: The Attila the Hungry

MICHELLE SAYS: "The food truck just arrived at Taste today, so I was unable to sample the soup."

2 Mac and cheese ball

FROM: Underground Tap and Grill

MICHELLE SAYS: "This is a misprint and sadly, not gluten-free."



Gluten-free tequila-lime chicken tacos with Mexican rice.

3 Tequila-lime chicken tacos with Mexican rice

FROM: The Three Amigos Authentic Mexican Restaurant

MICHELLE SAYS: "This tiny taco was very tasty but the portion was insufficient for four tickets. The dish was mostly a lot of plain rice."



Gluten-free chocolate brownie with raspberry coulis and caramel corn, from Hundred Bar and Kitchen.

4 Gluten-free chocolate brownie with raspberry coulis and caramel corn

FROM: Hundred Bar and Kitchen.

MICHELLE SAYS: "This was a good-sized portion for three tickets. The raspberry coulis was delicious but the brownie could have been tastier. The caramel corn was nice but it did not complement the brownie."



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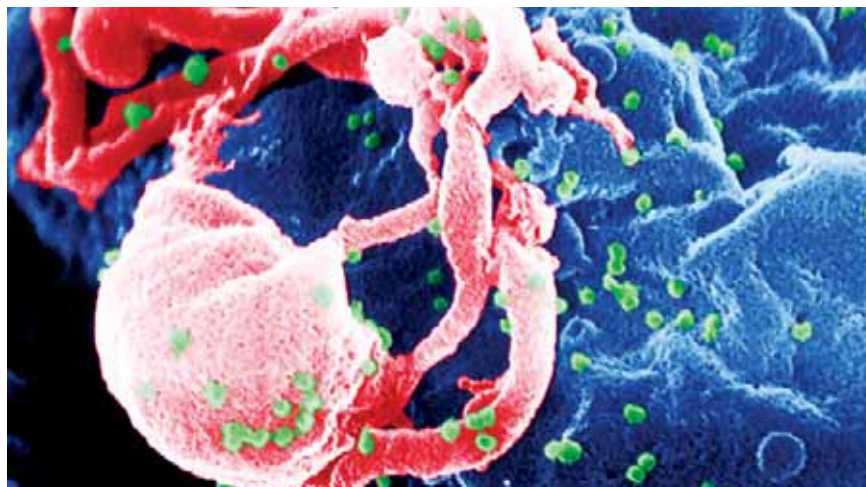
No detectable virus in blood of teen untreated in past 12 years

An 18-year-old French girl exposed at birth to HIV has been in remission for 12 years with no detectable virus in her blood — despite stopping drug treatment at the age of five, an international HIV-AIDS conference in Vancouver has been told.

The teen is among a very small number of HIV-infected people in the world who have remained free of active infection for a number of years without continuous treatment with antiretroviral drugs.

The unidentified girl was infected at the time of her birth in 1996 because of transmission from her mother, whose HIV was poorly controlled, said Dr. Asier Saez-Cirion of the Pasteur Institute in Paris.

"So the girl received a prophylactic treatment from the day she was born," Saez-Cirion



This undated photo provided by the U.S. Centers for Disease Control and Prevention shows a scanning electron micrograph of multiple round bumps of the HIV-1 virus on a cell surface.

CYNTHIA GOLDSMITH/CENTERS FOR DISEASE CONTROL AND PREVENTION VIA THE ASSOCIATED PRESS

said in an interview from Vancouver, where he is attending the eighth International AIDS Society Conference on HIV Pathogenesis, Treatment and Prevention.

The infant was kept on that drug regimen — standard therapy for children at risk of being

"We don't know whether she will need (treatment) in the future."

Dr. Asier Saez-Cirion

infected — for six weeks, after which "her viral load went up to very high levels," he said.

At three months of age, doctors put the girl on antiretroviral drugs, which stop HIV from replicating in the cells and eventually progressing to AIDS.

She remained on those medications until about age 5-1/2. Saez-Cirion said it's not known why the family halted the girl's treatment.

The child returned to the clinic after being off antiretrovirals for a full year and doctors were surprised to find there were no signs of HIV in her blood.

"This girl has been able to maintain virus control for 12 years now. So for 12 years, she has been in remission from infection," Saez-Cirion said.

He said the French teen represents the longest period a child has gone without treatment with no detectable HIV levels in the blood, although testing has shown she does harbour HIV DNA in her cells — what's known as a reservoir of the virus.

"However, another thing that needs to be perfectly clear is that this girl is not cured," stressed Saez-Cirion.

"The virus is still there, but her remission means that she hasn't needed treatment for many years.

"But we don't know whether she will need it in the future."

THE CANADIAN PRESS

COURT

Expats lose vote in appeal

Allowing Canadians who have lived abroad for more than five years to vote in federal elections would be unfair to those who live in Canada, Ontario's top court ruled Monday.

In a split decision, the Court of Appeal overturned a ruling that had restored the right of more than one million long-term expats to vote.

"Permitting all non-resident citizens to vote would allow them to participate in making laws that affect Canadian residents on a daily basis but have little to no practical consequence for their own daily lives," Justice George Strathy wrote for the majority court.

Two Canadian citizens living in the United States — Montreal-born Jamie Duong and Toronto-born Gillian Frank — launched the constitutional challenge, arguing the five-year rule was unreasonable.

Both argued they had only left for educational and employment opportunities and still had strong attachments to Canada. THE CANADIAN PRESS

POT PROTEST

Man held after truck rams five cruisers near police building



Colin Fast
Metro | Winnipeg

Outside Winnipeg police headquarters was like a scene from Grand Theft Auto Monday as a moving truck with the words "Bill Murray" on the side deliberately rammed five police cruisers parked on the street, while a nearby group of pot protesters blazed up in public.

The chaos unfolded shortly after 11 a.m. in front of the Public Safety Building, when witness Tim Jaskow said a three-ton white moving truck pulled alongside a row of police cars on Princess Street and drove back and forth three times to smash the vehicles.

"At first I thought he was making a delivery and maybe made a mistake, and then I thought he was nuts," Jaskow said.

The truck sped off and was later followed by several police vehicles westward along the Trans-Canada Highway beyond Portage La Prairie.

Winnipegger Scott Stroh said was driving in Headingley when the truck came up behind him, driving erratically.

Stroh said he moved over to

"His stupidity probably gave him away."
Scott Stroh

let the truck pass, and a few seconds later, a WPS vehicle, an unmarked vehicle and an RCMP cruiser turned on their lights and began the chase.

"At that time, they didn't necessarily know where he was.

His stupidity probably gave him away," said Stroh. "You get lost in trucks in Headingley."

The suspect evaded spike belts before RCMP were successful in stopping the truck with another spike belt. No one was hurt, but one man was arrested. Winnipeg police have not identified him, but a reliable source identified him to Metro Winnipeg as Wayne Rennie, 24.

The "Bill Murray" reference appeared to be for a business in Oakbank, Man. It was not immediately clear if the truck was stolen. A person answering the phone at the number on the truck said no one by that name was there.

The incident disrupted a "smoke-in" held in front of the PSB by supporters of Your Medical Cannabis Headquarters on Main Street.

WITH FILES FROM CANADIAN PRESS

IN BRIEF

Petition urges all parties to back commission findings

A petition that calls on all political parties to incorporate the recommendations of the Truth and Reconciliation

Commission into their election platforms has more than 1,200 signatures.

The petition, spearheaded by three professors at the University of Manitoba, calls

on governments of all levels to recognize the harm done by aboriginal residential schools and acknowledge their "genocidal character."

THE CANADIAN PRESS

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Minister slammed over logo on shirt

POLITICS

Inappropriate garb for funds announcement, critics argue

Pierre Poilievre's decision to wear a Conservative Party golf shirt during an announcement Monday on the rollout of increased child care benefits payments is being criticized by the opposition as an attempt to put a party brand on public money.

The employment minister donned the blue shirt with the party crest in Halifax as he kicked off a national effort to tout \$3 billion in benefit payments being sent out to families.

Since 2006, the government has handed out monthly payments of \$100 for every child in Canada under age six. As of Monday, the payment rises to \$160 a month, and children age six to 17 earn their parents \$60 per month.

The increased payments are retroactive for the past six months.

NDP Treasury Board critic Mathieu Ravignat — whose party is arguing the money would be better spent on a national child care program — says it's not appropriate for Poilievre to wear party logos while announcing funding approved by Parliament.

"He was speaking about the



Pierre Poilievre wears a Conservative Party logo golf shirt during the announcement of increased child care benefits Monday. THE CANADIAN PRESS/ HANDOUT/ANDREW PINSENT, NEWS 95.7 (CJMI HALIFAX)

policy while wearing the shirt. There was a clear attempt to brand the Conservative Party by wearing this shirt and that's ethically unacceptable," Ravignat said in a phone interview.

Liberal MP Adam Vaughan, the party critic for Housing and Urban Affairs, cited a 2010 ruling by the Conflict of Interest and Ethics Commissioner that criticized the use of Conservative party logos on cheques during federal announcements.

"Government announce-

“Announcements are not supposed to be made with party logos.”

Liberal MP Adam Vaughan

ments aren't supposed to be made with party logos, that's why they got in trouble with the novelty cheques," he said, referring to a series of govern-

ment announcements when Conservative candidates were criticized for handing out cheques with the party brand on them.

During the news conference Poilievre said the benefits cheques put the choice on child care in the hands of parents.

"Parents get to spend the money however they like, including on daycare if that's their choice," he told reporters.

THE CANADIAN PRESS

CRIME

Magnotta removes ad from dating site

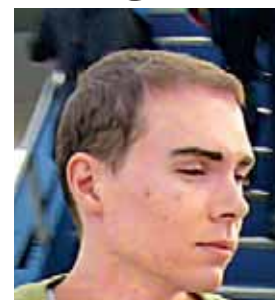
A personal ad featuring convicted killer Luka Rocco Magnotta has been removed at his request from a match-making website for lonely prisoners — after the site's creator said she received a letter saying he found what he "was looking for."

Magnotta, whose disturbing crimes seized the attention of people around the world, made more headlines recently after he joined Canadian Inmates Connect — an online platform that helps convicts find companionship.

The former stripper wrote on his profile how he was looking for a single white male, someone "loyal, preferably educated, financially and emotionally stable for a long term committed relationship."

"If you think you could be my prince charming, send me a detailed letter with at least 2 photos," read the message, which website founder Melissa Fazzina says was written by Magnotta himself.

He was convicted in December of first-degree murder for



Luka Rocco Magnotta. HANDOUT /FILE

the 2012 Montreal killing and dismemberment of university student Jun Lin.

A couple of weeks later, Fazzina said Magnotta sent her a letter from the Archambault Institution, north of Montreal.

"Thank you for your service. I found what I was looking for," Fazzina said in a telephone interview Monday, as she read from the 33-year-old's letter.

Fazzina has become a defender of prisoners' rights since starting the website about 4-1/2 years ago. THE CANADIAN PRESS

QUEBEC

Charge upgraded after infant dies

A 25-year-old west Quebec man is facing a manslaughter charge after his two-month-old daughter died in hospital Friday night.

Quebec provincial police arrested the father of the infant girl Wednesday in Thurso, Que., which is about 50 kilometres east

of Ottawa, and originally charged him with aggravated assault.

Police with the Sûreté du Québec alleged the father shook his daughter, who was later found unconscious by first responders after a 911 call.

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Iran nuke deal endorsed

UN SECURITY COUNCIL

Israel's envoy calls vote 'a very sad day' for the world

The UN Security Council on Monday unanimously endorsed the landmark nuclear deal between Iran and six world powers, and authorized a series of measures leading to the end of UN sanctions that have hurt Iran's economy.

But the measure also provides a mechanism for UN sanctions to "snap back" into place if Iran fails to meet its obligations.

Both U.S. Ambassador Samantha Power and Iran's UN Ambassador Gholamali Khoshroo called the agreement an important achievement for diplomacy, the Iranian promising to be "resolute in fulfilling its obligations" and the American pledging to be vigilant in ensuring they are carried out.

The resolution had been agreed to by the five veto-wielding council members —



Ron Prosor, Israel's ambassador to the United Nations, addresses a news conference at the UN headquarters, Monday, after the Security Council unanimously endorsed the landmark nuclear deal between Iran and six world powers. THE ASSOCIATED PRESS

who, along with Germany, negotiated the nuclear deal with Iran. It was co-sponsored by all 15 members of the Security Council. The European Union's foreign ministers endorsed the deal later Monday in Brussels and pledged to implement it.



The world is now a safer place.

Matthew Rycroft, Britain's UN Ambassador

Under the agreement, Iran's nuclear program will be curbed for a decade in exchange for potentially hundreds of billions of dollars' worth of relief from international sanctions. Many key penalties on the Iranian economy, such as

those related to the energy and financial sectors, could be lifted by the end of the year.

Iran insists its nuclear program is purely peaceful, aimed at producing nuclear energy and medical isotopes, but the United States and its Western allies believe Tehran's real goal is to build atomic weapons. U.S. President Barack Obama has stressed that all of Iran's pathways to a nuclear weapon are cut off for the duration of the agreement and Iran will remove two-thirds of its installed centrifuges and get rid of 98 per cent of its stockpile of uranium.

Britain's UN Ambassador Matthew Rycroft said "the world is now a safer place in the knowledge that Iran cannot now build a nuclear bomb."

But Israel's UN Ambassador Ron Prosor told reporters immediately after the vote that the Security Council had "awarded a great prize to the most dangerous country in the world," calling it "a very sad day" not only for Israel but the entire world.

THE ASSOCIATED PRESS

FLIGHT MH17 CRASH

Russia tables UN motion

Russia on Monday introduced a UN resolution demanding that those responsible for shooting down a Malaysia Airlines plane over Ukraine last year be brought to justice — but eliminating the international tribunal that the five countries investigating the crash are seeking to prosecute the perpetrators.

Russia said earlier this month it opposed a draft submitted by Malaysia on behalf of the five countries that would establish an international court.

The rival Russian draft resolution expresses concern that the investigation isn't ensuring "due transparency in its organization and work methods, which may have a negative impact on its outcome."

Ukraine and the West suspect Flight MH17, travelling from Amsterdam to Kuala Lumpur, was destroyed by a surface-to-air missile fired by Russian soldiers or Russia-backed separatist rebels, killing all 298 people on board.

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Flag of Cuba raised in D.C.

POLITICS**Ceremony
kicks off new
post-Cold War
relations**

Cuba's blue, red and white-starred flag was hoisted Monday at the country's embassy in Washington, signalling the start of a new post-Cold War era in U.S.-Cuba relations.

In sweltering heat and humidity, Cuban Foreign Minister Bruno Rodriguez presided over the flag-raising ceremony hours after full diplomatic relations with the United States were restored at the stroke of midnight.

Several hundred people gathered on the street outside the embassy, cheering as the Cuban national anthem was played and three Cuban soldiers in dress uniforms stood at the base of the flagpole and raised the flag.

But there were also signs of the sore points that continue in the U.S.-Cuba relationship. In remarks inside the embassy, Rodriguez cited Cuban independence leader Jose Marti, who he noted had paid tribute to America's values but also warned of its "excess craving for domination."

He also slammed the U.S. for holding on to Guantanamo Bay, the U.S. naval base in Cuba where the American military prison continues to hold terror suspects.

On a more conciliatory note, Rodriguez thanked President Barack Obama for taking steps to ease sanctions thus far and calling on Congress to repeal the economic embargo.

Rodriguez met in Washington with Secretary of State John Kerry, who will travel to Havana



Cuban-American Gina Gonzalez waves an American flag in front of the United States embassy in Havana, Cuba, on Monday. DESMOND BOYLAN/THE ASSOCIATED PRESS

on Aug. 14 to preside over a flag-raising ceremony there.

Shortly after midnight, the Cuban Interests Section in Washington switched its Twitter account to say "embassy." In Havana, the U.S. Interests Section uploaded new profile pictures to its Facebook and Twitter accounts that said U.S. Embassy Havana.

Though normalization has taken centre stage in the U.S.-Cuba relationship, there remain many issues to resolve. Among

them, thorny disputes such as mutual claims for economic reparations, Havana's insistence on an end to the 53-year trade embargo and U.S. calls for Cuba to improve on human rights and democracy.

Some U.S. lawmakers, including several prominent Republican presidential candidates, have vowed not to repeal the embargo and have pledged to roll back Obama's moves on Cuba.

THE ASSOCIATED PRESS

MONSANTO

Young puts money where his mouth is

Rocker Neil Young is lending his support to Vermont's efforts to label foods containing genetically modified ingredients.

Young, who performed in concert Sunday at the Champlain Valley Exposition in Vermont, appeared earlier with Gov. Peter Shumlin and donated \$100,000 to a fund devoted to defending Vermont's genetically modified organism, or GMO, labeling law from legal challenges.

Vermont last year passed a

law under which it's scheduled to become the first U.S. state to require foods with altered DNA to be labeled as such. The Grocery Manufacturers of America and other industry groups are suing to block the law before its scheduled implementation date: July 1, 2016.

Young has been touring to promote a new album, *The Monsanto Years*, which is sharply critical of the Monsanto Co.'s role in agriculture.

THE ASSOCIATED PRESS

IN BRIEF**Germany awards medals to Nazi-hunting couple**

Jewish lawyer Serge Klarsfeld and his German-born wife Beate received the Order of Merit at the German embassy in Paris on Monday.

The couple spent decades hunting down Nazis who had gone into hiding after WWII, including Klaus Barbie.

The Klarsfelds' work often embarrassed governments that had failed to apprehend former Nazis.

THE ASSOCIATED PRESS



A boy looks through a hole in a classroom of a school damaged by Saudi-led airstrikes in Sanaa, Yemen, following weekend shelling attacks. HANI MOHAMMED/THE ASSOCIATED PRESS

Shelling in Yemen doubles death toll

MIDDLE EAST

Aid group says nearly 100 killed in Shiite rebel attack

The death toll in Yemen from the Shiite rebel shelling of a town near the southern port city of Aden rose Monday to nearly 100, the head of an international aid group said, describing it as "the worst day" for the city and its surroundings in over three months of fighting.

The rebels, known as Houthis, and their allies shelled the town of Dar Saad on Sunday after losing control of some of Aden's neighbourhoods. The violence highlighted the bloody chaos of the civil war gripping the Arab world's poorest country, which has also been the target of Saudi-led, U.S.-backed airstrikes since

late March.

Hassan Boucenne of the Geneva-based Doctors Without Borders said that by Monday, his organization reported nearly 100 people dead, twice the casualty toll from the previous day.



Yesterday was the worst day in Aden since (the Saudi-led coalition campaign) started.

Hassan Boucenne

The shelling also wounded about 200 people, said Boucenne, the head of the organization in Yemen.

Of the victims, 80 per cent are civilians, including many pregnant women, elderly and children, he added.

Sunday's shelling in Dar Saad

began after the Houthi rebels lost control of much of the Aden district of Tawahi, according to officials and witnesses.

Tawahi is now under a security lockdown, the officials said, as anti-Houthi forces search buildings looking for rebels, some of whom had fled to the nearby mountains.

Overnight, the Saudi-led coalition targeted Houthi positions north of Aden and in Dar Saad, killing at least 55 rebels, officials and witnesses said.

Houthi officials declined to comment on the fighting.

On Monday evening, a car bomb went off near the house of a Houthi rebel leader in Sanaa, killing seven and damaging the gates of the house, according to witnesses and officials.

A local affiliate of the Islamic State of Iraq and the Levant group claimed responsibility for the car bomb, saying it targeted a "den" of the Houthis. THE ASSOCIATED PRESS

IN BRIEF

Record heat to be regular heat, say climatologists

Record-breaking heat is "getting to be a monthly thing," said Jessica Blunden, a climate scientist for the National Oceanic and Atmospheric Administration.

June, May and March broke monthly heat records, which go back 136 years. Earth has broken monthly heat records 25 times since the year 2000.

"There is no way that 2015 isn't going to be the warmest on record," Blunden said.

THE ASSOCIATED PRESS

TURKEY

ISIL suspected in fatal bomb attack

Authorities suspected the Islamic State of Iraq and the Levant (ISIL) was behind an apparent suicide bombing Monday in southeastern Turkey that killed 31 people and wounded nearly 100.

Turkish officials vowed to strike back at those behind the attack in the city of Suruc that targeted a group of political activists who wanted to help the shattered Syrian city of Kobani.

"We are face-to-face with a terrorism incident," Prime

Minister Ahmet Davutoglu said. "We have the willpower to find and certainly punish those who are responsible."

ISIL militants carried out surprise attacks in Kobani last month that killed more than 200 people.

There was no immediate claim of responsibility, but a senior government official told The Associated Press that Turkey suspected ISIL was behind the blast as retaliation for Turkey's steps against the militants. THE ASSOCIATED PRESS

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IN BRIEF

PayPal's stock soars

PayPal shares jumped \$2.81 US, or seven per cent, to \$41.20 US on the Nasdaq Stock Exchange on Monday, its first day as a separate and publicly traded company as the firm outlined plans to capitalize on the rise of mobile payments and the growing digitization of money. The payments system company officially split with eBay Inc. on Friday. PayPal CEO Dan Schulman and employees rung in the opening bell on the Nasdaq.

THE ASSOCIATED PRESS



Dan Schulman, PayPal's CEO. COURTESY PAYPAL

market minute

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NATURAL GAS: \$2.823 US (-4.7¢)	
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An employee replaces prices with the new Value Added Tax (VAT) at a supermarket in Athens Monday. Many goods became more expensive as the first batch of austerity measures, demanded by Greece's creditors, kicked in. THE ASSOCIATED PRESS

Greeks face price hikes

ECONOMY

Banks open but cash curbs still in place

Greece set a series of landmarks Monday it hopes will shore up its battered economy following months of crisis that threatened its place in the euro.

Banks reopened after more than three weeks, and the cash-strapped country got a short-term loan from European creditors to pay more than six billion euros (about \$8.45 billion US)

owed to the International Monetary Fund and the European Central Bank. Non-payment on either would have derailed Greece's recent bailout request.

Though the bank daily cash withdrawal limit stayed at 60 euros (about \$85), the government has given individuals a new weekly limit of 420 euros (about \$600) from this coming Sunday so they don't need to trudge to the ATM every day.

But for most recession-weary Greeks, Monday was all about the price of goods as new tax rises demanded by creditors on everything from coffee to taxis took effect. Dimitris Chronis,

who has been running a small kebab shop in central Athens for 20 years, says the new taxes could push his business over the edge, especially when combined with higher business taxes and meat prices. "I can't put up my prices because I'll have no customers at all," said Chronis, who said sales have slid by around 80



I can't put up my prices because I'll have no customers.

Dimitris Chronis, shop owner

per cent since banking restrictions were imposed June 29.

There are few parts of the Greek economy left untouched by the increase in sales taxes on many basic goods from 13 per cent to 23 per cent. They have been imposed on many basic goods, from cooking oils to condoms, through to popular services, such as eating out at restaurants and ferries to the Greek islands.

The tax rises formed part of a package of confidence-building measures the Greek government had to introduce for negotiations on a third bailout to begin.

THE ASSOCIATED PRESS

ASHLEY MADISON

Cheating website hacked

A Canadian-owned website for people seeking affairs was recovering from a cyberattack Monday after hackers stole confidential customer information, posted some of it online and threatened to publish all of it unless the company is shut down.

Avid Life Media, which owns Toronto-based cheating site AshleyMadison.com, called the attack an "act of cyberterrorism" and vowed to hold those behind the hack responsible for their actions.

While its site appeared to be working normally Monday morning, an online security blog, KrebsOnSecurity.com, posted what appeared to be a screenshot of the site's home page late Sunday bearing a message from those allegedly behind the hack.

"We are the Impact Team. We have taken over all systems in the entire office and production domains, all customer information databases, source code repositories, financial records, emails," the message said, according to Krebs.

Whoever hacked the site claimed they did so to expose alleged lies Ashley Madison told customers about a service that allows members to erase profile information for a \$19 fee, Krebs reported.

But Avid Life said the allegations about the "paid-delete" option on Ashley Madison were false.

THE CANADIAN PRESS

SMARTPHONES

iPhones bucking slowing sales trend

Smartphone sales may be slowing for some tech companies, but not for Apple. Analysts expect another powerhouse performance when it reports quarterly financial results Tuesday. Apple's signature iPhones remain popular, even as other smartphone makers are seeing demand slow down.

Wall Street analysts estimate Apple will report a hefty \$10.3

billion US in profit after selling \$49 billion US worth of iPhones, iPads, Mac computers and other products during the April-June quarter. That's an increase of more than 30 per cent in both revenue and profit from the same period a year earlier.

Apple has said it won't release sales figures for the new Apple Watch, though some analysts believe demand has fallen

since Apple introduced the wearable gadget three months ago. But it almost doesn't matter: As in other recent quarters, Apple will reap its biggest rewards from its smartphones, especially the new, big-screen iPhone 6 and 6 Plus models introduced last fall.

Several analysts say their studies confirm Apple CEO Tim Cook's claim that many recent

iPhone buyers are people who switched from Android phones. Some consumers were drawn to Android devices in recent years because they had bigger screens, but Apple's decision to increase the iPhone's screen size is persuading Android owners to defect, said Ryan Reith, who tracks smartphone sales for the research firm IDC.

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ROSEMARY WESTWOOD

metroview

We look for laughs from a politician, and politics from a comic

I want to love Amy Schumer. Not just love her, really, more like worship. I could spend all day listening to her crack period and vaginal-discharge jokes. I'd be happy to watch her give a never-ending acceptance speech for a "Woman of the Year" award, lambasting the celebrity beauty standards for women, noting she can "catch a d-k" whenever she wants, and not caring that most men in the audience aren't laughing.

I caught Trainwreck, her new movie (or rather, the baby she made with director Judd Apatow), on the weekend, and I realized that I really do like toilet humour — I'd just never heard it done well by a woman before. The film thus felt groundbreaking, I said afterwards, full of raunchy, off-kilter comedy that's long been the domain of men.

But — and I won't be the first to tell you this — there's a problem with comic-worship.

Schumer is a feminist, yes, but that's not her job. Her job is jokes. (Some people don't even think she's great at that, like those who say she makes racist jokes.) When people tell you Trainwreck wasn't that revolutionary because it has (spoiler alert) a happy monogamous ending, please remind them: It's a Hollywood flick. Get your counterculture somewhere other than a rom-com, people. It's not surprising that the message is

a conforming one — it would be surprising if it weren't.

On the flip side, let's pause for a moment to ponder Donald Trump. The man with the Orange Crush skin and scarlet red tie. The man who knows how to overcome controversy: By adding to it.

First, he makes racist remarks against Mexican immigrants to the U.S. Then he suggests John McCain is a wimp for getting captured in the Vietnam War: "He is a war hero because he was captured. I like people that weren't captured, OK?"

Talk about a punchline. Isn't it great to watch? A crazy billionaire as the top Republican candidate for President of the United States. What could be more entertaining than Trump being taken seriously?

Take the New York Times, which noted his campaign "is built entirely around the instincts and grievances of its unpredictable candidate — and does not rely on a conventional political operation that protects presidential hopefuls from themselves."

Hmmm... tell me more of the "strategy" behind Trump.

To recap: We're looking for laughs from a politician, and politics from a comic. Something is amiss.

Yes, comedy can drive social change. But it's Schumer we should be paying to make us laugh. And politicians — if not Trump — to make us think.

THE BIG THING: FUNCTIONAL FRIENDS

It was a simple experiment that raised complicated questions. Researchers at the Rensselaer Polytechnic Institute disabled the speech of two of three super-smart robots, then asked "Which one of you can speak?" One said, "I don't know," but then, hearing its own voice, backtracked and said, "I know now," thus passing a crucial self-awareness test. But real self-awareness, the kind we need to make and keep friends, takes far more than knowing when you're the only one in the room talking (though that's a good start). Here are the tests Metro would like to run before entrusting any robot — no matter how smart — with our friendship. METRO

1 The talking-to-servers test

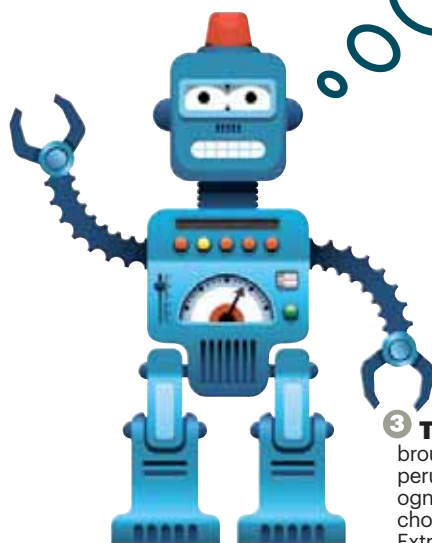
Robots are sent to dinner at a busy sit-down restaurant. Researchers observing from nearby tables attempt to discern in subjects' interactions with staff any evidence that the bots understand how much harder it is to serve than to be served — and that the people who do the job are human beings, not just a bunch of food-dispensing robots.

2 The backpack-on-the-bustest

Robots with bulky backpacks are released onto public-transit during rush hour. Researchers record whether robots remove their backpacks and hold them at their feet, and, whether, when seated, they look up from their phones often enough to notice pregnant, elderly or infirm passengers to whom they should give up their seats.

3 The karaoke test

Robots are brought to a karaoke room and allowed to peruse the song binder. Those who recognize and accept their vocal ranges and choose songs accordingly pass the test. Extra credit to those who choose songs the whole group can enjoy.



To learn why women don't cycle to work, ask

YOUR RIDE

Jay Smith



For me, the appropriate response to an incendiary column by Margaret Wenthe in the Globe and Mail is to not read it. But her recent piece on "Why women don't cycle" is steeped in such a common attitude about women and bikes that I had to read it and rebut it.

In short, Wenthe argued women don't ride bikes because they're worried about being sweaty when they get to work. And helmet hair. Don't forget helmet hair.

Helmet hair, for Wenthe, is bad.

Wenthe is admittedly a non-cyclist (though she did take a ritzy tour through Tuscany in 2011 and rode a few kilometres each day on an electric bicycle, which she apparently liked a lot —

enough power to get you up the hills ... without getting sweaty!)

In reality, the overwhelming reason women don't cycle more, shown time and time again in studies, is not because they're worried about chipping a nail.

Rather, it's for personal safety. The majority of these fears relate to bad bicycle infrastructure — like being hit by a car and dying — although fear of sexual harassment is also significant.

Another report, comparing the rates of women cycling in Portland (where women make up one quarter of cyclists; high for the U.S.) to Northern European countries speculated that American women were too busy with car-related childcare (i.e. soccer mom-ing) to cycle.

These stats align with my personal experience. I cycled until I was eight months pregnant with both of my kids, I cycle in the winter,

and I qualify among the 10 per cent of cyclists who will use crappy infrastructure just about anywhere. I've been hit by a car (while riding in a bike lane, no less) and I've the metal plate in my collarbone to prove it.

And this is sort of the point: when I was hit in Toronto, I was concussed, I broke my collarbone, I needed surgery, I had soft tissue damage. I was in physiotherapy for nine months. For the first while, I couldn't dress myself, let alone take care of my two preschoolers.

That was when my kids' dad told me he wanted me to quit cycling. My kids needed me. It was irresponsible.

Making women's cycling rates an issue of helmet hair and damp armpits misses our lived reality. And, frankly, it makes us look stupid: we can't figure out how to change our shirts when we get to work?

Making women's cycling an issue of helmet hair and damp armpits misses our lived reality.

If you're really worried about how to manage the sweaty pits, check out Chatelaine magazine's charming response to Wenthe: A how-to guide for cycling to work, written by staffers who actually ride their bikes to work. They have tips like wearing cycling shorts under your dress, bringing a change of clothes, doing your make-up when you get to work instead of before you leave your house. Despite naysayers like Wenthe, it's doable.

Jay Smith is a writer who has cycled, walked and run on Edmonton's streets and pathways her entire life.

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Your essential daily news

Over 1.1 million copies of Harper Lee's *Go Set a Watchman* sold in North America

Taylor Swift tops Canada's music charts with most singles sold so far in 2015. GETTY IMAGES

Taylor top-selling artist in Canada

MUSIC Mid-year sales report puts Swift's 1989 and Sheeran's x neck and neck

Midway through 2015, good friends Taylor Swift and Ed Sheeran were locked in a tight race for the top-selling album in Canada.

According to Nielsen Entertainment's mid-year Canadian report, either Swift's blockbuster 1989 or Sheeran's x has the slight edge in sales so far this year.

If looking purely at album sales, the 24-year-old Sheeran has sold 117,000 copies of his sophomore album to Swift's 111,000.

But the unassailable Swift claims the edge over the ginger Brit when track-equivalent album sales are factored in: 172,000 to 170,000.

Sheeran, who steered a headline-grabbing Canadian tour before hosting last month's MMVAs, has the biggest single hit of the two of them with Thinking Out Loud. It's second only to the

+ FRIDAY RELEASE

Record industry decides to drop albums on Fridays

As of last week, the music industry initiated a worldwide shift toward pushing out almost all new albums on Fridays, upending the previous North American standard of Tuesday releases.

Industry execs are touting a globally synchronized release date as a tonic for piracy, an opportunity for internationally co-ordinated marketing and a chance to stimulate sales with free-spending weekend whimsy.

Nielsen Entertainment's senior vice-president of industry insights David Bakula says that until a blockbuster release is issued on a Friday, it will be tough to fairly

analyze the impact the shift will have. However, Bakula notes that release dates seem to hold less weight in the digital age.

And until there's evidence of the Friday shift's effect on sales, it's difficult to find a musician who will admit to caring.

Mac DeMarco's upcoming EP Another One will be released on Aug. 7, which is a Friday. When asked about it, the Edmonton native dismissively referred to the move as "some big industry plan."

"Tuesday, Friday, what's the difference?" asked the Juno-nominated artist. "To me, I don't even know what day of the week it is."

THE CANADIAN PRESS

Ultimately, both artists sold roughly 101,000 copies when track-equivalent album sales are factored into the equation.

It's also been quite the year for the Weeknd.

The Toronto R&B singer, otherwise known as Abel Tesfaye, snuck his single Earned It into the Top 10 in radio play and on-demand audio streams, and the album from which it was culled — the steamy soundtrack to *Fifty Shades of Grey* — took the third spot on the album chart.

Overall, total digital music sales (including single tracks and albums) increased 3.2 per cent compared to this time last year, Nielsen reported, while CD sales fell nearly nine per cent. Vinyl sales, though clearly a much smaller part of the market, leapt up 40 per cent.

Streaming volume also increased dramatically in Canada, to 10.5 billion total audio and video streams in the first half of the year.

"The biggest story of the year continues to be the growth of streaming," said David Bakula, Nielsen's senior vice-president of industry insights.

"Streaming is becoming the primary choice of consumption for many music fans." THE CANADIAN PRESS

inescapable Mark Ronson-Bruno Mars smash Uptown Funk! in radio airplay, digital sales and on-demand streams.

The honour of the top-selling Canadian artist of 2015 overall, meanwhile, is currently shared by two one-name wonders: Toronto rap tastemaker Drake and Quebec country-pop crooner Yoan.

The latter, who was boosted to prominence by the re-

ality series *La Voix*, has sold 100,000 copies of his self-titled debut since its March release — and those sales were, by a vast majority, physical.

Drake, on the other hand, quietly issued his brooding *If You're Reading This It's Too Late* in February and didn't accommodate a physical release until months later, so his sales were almost exclusively digital.

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Meet The Man From U.N.C.L.E.'s women

LATEST GUY RITCHIE CAPER

Alicia Vikander and Elizabeth Debicki join cast of actioner

You might say Alicia Vikander and Elizabeth Debicki danced their way into The Man From U.N.C.L.E.

Both are former ballerinas who drew on dance backgrounds for their roles in Guy Ritchie's latest action romp.

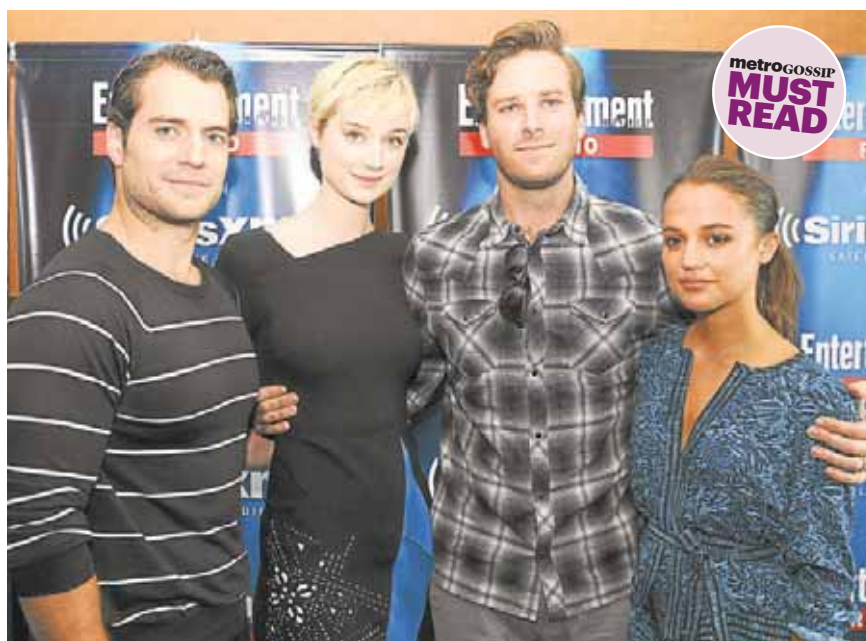
"I know I used it when I was creating my character," Debicki said. "She's a villain, but I always had this idea that she sort of almost floated."

Vikander, 26, and Debicki, 24, star alongside Henry Cavill and Armie Hammer in The Man From U.N.C.L.E., Ritchie's slick take on the beloved 1960s TV series. Vikander is a feisty car mechanic who gets caught up in a caper with a CIA agent Napoleon Solo (Cavill) and KGB operative Ilya Kuryakin (Hammer). Debicki is the villainess they're trying to take down.

Both actresses said Ritchie's film set was a collaborative and relaxed environment, though Debicki is convinced "Guy's brain works at a different pace (than) most human beings."

She and Vikander were both surprised by the final film.

"He cut it in a way that only Guy can, and he added a soundtrack that only Guy could imagine," the French-born Debicki said. "So we both had the same experience when we watched the film, like, 'Oh, that was



Henry Cavill, left, Elizabeth Debicki, Armie Hammer and Alicia Vikander. ALL PHOTOS: GETTY IMAGES

what we made."

The actresses made their first trip to Comic-Con in San Diego earlier this month to promote the film and Vikander was taken by the enthusiastic fandom.

"That's what I love about this place!" said the actress, who was born in Sweden. "Because everyone is the sweetest. Everyone is walking around with smiles on their faces, and so passionate. Dedicated fans. It's really amazing being here and seeing that."

Asked what kind of convention might lure her across the world, Vikander laughed.

"I'm such a nerd when it

comes to interiors, so I would probably go and look at chairs in another country," she said. "But I don't think that a chair convention would be with as much passionate people as Comic-Con."

"I'd be at the refrigerator convention," Debicki joked. "Coming from a dance background, I would probably travel out really far and wide to see a company I really wanted to see. If Pina Bausch's company were in a forest somewhere..."

"I'm there!" Vikander said.

The film opens Aug. 14.

THE ASSOCIATED PRESS

BOY BAND

Simon Cowell tells 1D star to 'man up'

Simon Cowell is patting himself on the back for talking One Direction star Louis Tomlinson off the ledge following news he's having a baby with non-girlfriend Briana Jungwirth. "I said to him, 'You man up. You're fortunate because you're in a position to be able to look after the baby and not worry too much about that,'" Cowell boasts in an interview with the Sun. "But I also told him, 'I've received bad calls in my life, but this is not one of them. This is your business, but I'm here for you.'" Thanks?

Also, Cowell certainly has an interesting way of putting a positive spin on things: "He didn't kill anyone. He got someone pregnant," he says.

"It happens every day all over the world. Again, Louis has got great family around him and, look, it's a plus, not a negative."

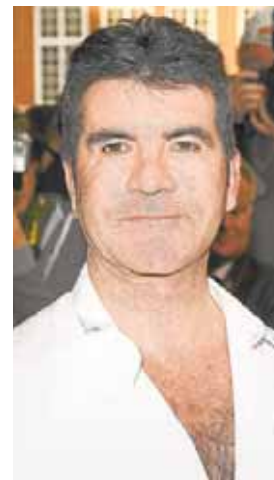
Speaking of bad news, Cowell suggests that this baby situation coupled with Zayn Malik's departure might be just the opportunity the group needs to give it a rest already. Sorry, girls.

"In terms of the band,

they've got enough hits now they can take some time off and do some other stuff they want to do," he says. "Then I hope they'll have a little bit of time apart and want to get back together again."

Can I just say that this all seems, I don't know, suspiciously well co-ordinated?

NED EHRBAR/METRO IN HOLLYWOOD



Music man Simon Cowell

BEAUTY AND THE BEAST

Emma Watson kidnap plot a hoax



The world is not such a sad and dark place as previously thought, as a rumoured plot to abduct Emma Watson from the set of Beauty and the Beast turns out to be totally made up.

A taxi driver near the London area film set claims to have overheard two studio employees discussing plans to make off with the actress — and really, can you blame them?

I mean, yes, of course you can, if they actually kidnapped her. But can you blame them for wanting to? You know what, I'm just digging myself a deeper and deeper whole here. Anyway!

"There was a concern about her safety," a source says, but apparently it didn't last very long. A spokesman for the film tells Vogue U.K., "The story was looked into by production and found to be unsubstantiated and untrue." Well, that's a relief.

NED EHRBAR/METRO IN HOLLYWOOD

GOSSIP NOTE

Blake and Miranda split

After years of tabloid gossip, country music's top couple Blake Shelton and Miranda Lambert announced their divorce after four years of marriage. The news was confirmed in a statement Monday to The Associated Press, issued by their representatives. "This is not the future we envisioned," the former couple said. "And it is with heavy hearts that we move forward separately. We are real people, with real lives, with real families, friends and colleagues. Therefore, we kindly ask for privacy and compassion concerning this very personal matter."

THE ASSOCIATED PRESS

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EXERCISE PARTNERS

App pairs you up to get fit

Working out with a friend is a proven way to actually get up off your butt. Making a commitment to each other gives you both a reason to get out of bed, skip the office doughnuts and even use the workout as a chance to strengthen your bond.

The problem is that life happens, leaving you with an apologetic text message while stretching for a five-mile run that suddenly seems a lot longer and lonelier without your workout buddy by your side.

Enter Jaha (the name means “chase”), a new app that makes exercise a more social experience. Your profile goes beyond a standard bio to include fitness-focused stats like stride length, as well as a description of the workout you’re looking to partner up for, whether it’s running, tennis, cycling or something else. Then, by swiping right or left à la Tinder, you can find a fitness partner.

Jaha has a built-in step counter, which it uses to fine-tune matches based on fitness level. Keep track of your progress and challenge others through the app to spur you on — even if you can’t find a partner in real life that day, there’s a community of users to keep you motivated.

With Jaha, you’ll never have an excuse for not working out because you got stood up. We’re sorry/you’re welcome.

EVA KISS/
METRO NEW YORK



Three things guys are doing wrong at the gym

HOLD IT! YOU'RE EXERCISING WRONG

Everything you think you know about working out is probably wrong, dude

Matthew Lee
Metro in New York City

Look, man, I’m going to be straight up with you: You’re likely doing it wrong at the gym. Take it from me, someone who until pretty recently (last month) didn’t know anything (okay, I knew a little) about working out at the gym.

What changed?

I met with Edward Jackowski: personal trainer, founder of Exude fitness in New York City, and author of seven books

including Hold It! You’re Exercising Wrong. Jackowski, who is a master at what he does, examined me with a single look and explained what workout routine I should be doing based on my body type.

When I explained my current workout routine to Jackowski — a mix of exercises I discovered online and through word of mouth — he told me I was doing everything wrong and that I wasn’t alone.

Here are the three most important things I learned to do at the gym (everything you’re not doing).

1. FORGETTING ABOUT THEIR CORE

Most men do only two things in the gym: lift weights to bulk up their arms and chest, and intimidate me. This is because men, and humans in general, like to do what they’re good at (especially intimidating me).

What they often leave out of their work out is their core, which Jackowski describes as your lower abdomen, upper legs and groin. It’s a region most men leave out of their routine.

“Men are good with the crunches, but they’re not good with the lower abs,” Jackowski told me. It’s not just that, however: Men often leave this area as the last part of their routine, or dump it altogether.

“When you work out and you save your abs for the last part of your workout, because you lifted so many weights at the end, you lose motivation because you’re tired.” And that often leads to an incomplete set, or skipping them altogether, Jackowski explained.

The lesson? Do your core workout immediately after you stretch. Core workouts suck, but it’s best to get the worst out of the way first.

2. NOT STRETCHING

More often than not, men aren’t stretching at the gym. If they are stretching, there is a decent chance that they’re not doing it at the right time. Jackowski explained to me that the best order of operations for exercise isn’t to stretch before working out, but to stretch after a proper warm-up.

“By warming up and stretching, you are asking your body for permission: ‘May I be aggressive with it?’” Jackowski explained, which is also a great way to avoid injury or strain to your body.

A warm-up can be any mild exercise that gets you nice and lubricated with sweat. Whether it’s pedalling on a bike, or jogging on a treadmill until you feel like a human Slip ‘N Slide, after seven minutes, you’ll be warmed up and ready for a good stretch.



ISTOCK

3. LIFTING TOO MUCH WEIGHT

One of the most intimidating aspects of the gym is the presence of all the gorilla bros lifting small school buses over and over and spewing testosterone like it’s no one’s business.

But does your fitness routine really require you to lift your first grade class’s collective body weight over and over again?

“The reality of the situation is that we don’t need to be lifting that much weight to receive the benefit,” Jackowski told me, which was a relief for my toothpick arms and weak work ethic.

What Jackowski explained to me is that higher reps with a more moderate amount of weight will help you both burn calories as well as tone the muscles in your body. So if your goal is to look not-hideous when you take your shirt off (that is everyone’s goal), then this is honestly the route to take.

PRE-FLIGHT PAMPERING.



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Zach Johnson celebrates winning the British Open with members of the public in St. Andrews, Scotland, Monday. JON SUPER/THE ASSOCIATED PRESS

Zach goes on attack in playoff

BRITISH OPEN

Johnson wins claret jug, Spieth finishes tied for fourth

Jordan Spieth's spirited bid for a Grand Slam was stopped Monday by Zach Johnson, who is no longer just a normal guy from Iowa.

Not with a claret jug to go with that green jacket.

Johnson captured his second major — this one at the home of golf — winning the British Open in a playoff over Louis Oosthuizen and Marc Leishman that capped off five wild days at St. Andrews and a suspense-filled final round.

Most eyes were on 21-year-old Spieth. No one ever came

closer to the third leg of the Grand Slam.

Spieth fought back from taking four putts for a double bogey on No. 8 with back-to-back birdies. He rolled in a 50-foot birdie putt for a share of the lead with two holes to play. After missing an eight-foot par putt on the 17th hole, he needed a birdie on the closing hole to join the playoff.

"Up and down for a playoff," was the last thing Spieth said to caddie Michael Greller from about 90 yards away. It was too far right and rolled to the edge of the Valley of Sin

short of the green, and his birdie attempt up the slope stayed inches left of the cup.

"We gave it a great effort," Spieth said.

He joined Arnold Palmer, Jack Nicklaus and Tiger Woods —

the three biggest names in golf over the last half-century — as the only players to capture the Masters and U.S. Open, only to come up short in a quest for the holy grail in golf — all four professional majors in the same year.

12

Johnson now has two majors among his 12 PGA Tour wins

Johnson won the Masters in 2007 and described himself as just a normal guy from Cedar Rapids, Iowa.

Not any more.

The 39-year-old Johnson now has two majors among his 12 PGA Tour victories, an astounding record and an example that a good wedge game and putter can still go a long way in this era of the long ball. Johnson was in tears when he was interviewed off the green, and he cradled the jug after his acceptance speech.

"I'm grateful. I'm humbled. I'm honoured," Johnson said. "This is the birthplace of the game, and that jug means so much in sports."

On a tense afternoon of shadows and showers on the Old

Course, Johnson closed with a 6-under 66 by holing a 30-foot birdie putt on the 18th hole in regulation, and caddie Damon Green strutted and flapped his arms in his celebratory chicken dance.

It was the first British Open playoff since Stewart Cink beat Tom Watson at Turnberry in 2009, and the first involving more than two players since 2002 at Muirfield, the year Woods failed in his bid for the third leg of the slam.

Oosthuizen was a runner-up for the second straight major. He was one shot behind Spieth in the U.S. Open at Chambers Bay.

THE ASSOCIATED PRESS

TOP AMATEUR

Jordan Niebrugge had an outside shot at the silver claret jug. He was more than happy to leave St. Andrews with a silver medal.

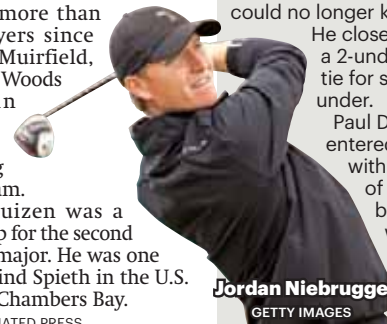
Niebrugge pulled within three shots of the lead on the back nine until he could no longer keep up.

He closed with a 2-under 70 to tie for sixth at 11 under.

Paul Dunne entered Monday with a share of the lead but closed with a 78 to tie for 30th.



Jordan Spieth
GETTY IMAGES



Jordan Niebrugge
GETTY IMAGES

Healthier than ever, with help from Nurse



Canada's Nirra Fields, pictured, and Kia Nurse helped lead Canada to the gold medal on Monday night in Toronto.

JULIO CORTEZ/THE ASSOCIATED PRESS

PAN AM 2015

Star guard helps Canada Basketball to first-ever gold

There were two training camps in Edmonton sandwiched around a six-game exhibition tour of Europe to prepare the Canadian women for Monday night's historic moment, and as she watched it all unfold — the biggest game on home soil in years — Bev Smith looked on in amazement.

Now an assistant to head coach Lisa Thomaidis, a former national team head coach herself and an iconic figure in Canadian basketball history, Smith knows firsthand the difficult journey that culminated in a gold-medal performance at the Pan Am Games.

Sparked by guard Kia Nurse, who had a game-high 33 points, Canada stormed back to beat the United States 81-73 at a sold-out Ryerson Athletic Centre in downtown Toronto to win the first gold medal ever for the senior program.

The gifted backcourt of Nurse and Nirra Fields, fuelled by at times stifling defence that allowed them to move in transition, led Canada to the win.

Nurse, a University of Connecticut freshman playing against teammates Breanna Stewart and Moriah Jefferson, quelled a pair of late U.S. rallies with crucial baskets.

And when she had to leave after a nasty head-to-head collision with Jefferson, Fields took over with a quick basket.

Canada's best Pan Am finish was a silver medal at the 1999

MONDAY Gold-medal

81	73
CANADA	U.S.

Winnipeg Games. Their best world championship was third in 1987, a team that Smith anchored.

"We struggled when I was both playing and coaching and I really think that outside of hockey, our country has a hard time — and maybe the powers that be had a hard time — understanding team sports, the development of team sports and the chemistry that's so important in team sports," said Smith, who returned to the senior team coaching staff in 2013.

"It was really hard to develop that when you have a 10-day training camp and the rest of the world is training for 30 days and has 19 games. When I was coaching in the Sydney Olympics, Stacey Dales and Tammy Sutton-Brown, who were 19, had six international games and Lauren Jackson, who was 19, had over 70. It was mission impossible."

"I really take my hat off to Canada Basketball and actually all team sports in Canada who got together and said, look, we need another way to evaluate and develop our team sports outside of hockey."

The development of the women's program has been nothing short of amazing. They went years without being a factor either in the Americas or globally until they found the resources and the will to match what other countries were doing. TORSTAR NEWS SERVICE



GREGORY BULL/THE ASSOCIATED PRESS

Games at a glance

Around Toronto. Patricia Bezzoubenko, of Thornhill, Ont., clockwise from top, won a silver medal in rhythmic gymnastics with a score of 15.933. Canada's women's handball team (0-2-1) tied Puerto Rico 21-21 in its last preliminary-round game. The Canadians finished tied for third in group A. Jason McClintock of Cambridge, Ont., finished tied for fourth with a result of 3.50/58/11.25 and qualified for the water-skiing final. Maxime Potvin took home silver after losing 6-3 to Saullater Gutierrez in the men's 68 kg taekwondo gold-medal match Monday. Go to metronews.ca for more results.



CHRIS YOUNG/THE CANADIAN PRESS



MARTA IWANEK/TORSTAR NEWS SERVICE

TRACK AND FIELD

Ready to rock out of the blocks Tuesday



Andre De Grasse will look to build off a productive NCAA track career at the Pan Am Games. GEOFF ROBINS/AFP/GETTY IMAGES

It is seldom that Canada's track and field athletes get to show their stuff in front of appreciative home audiences and they seem poised to announce their Pan Am Games presence with authority.

The Games meet kicks off Tuesday morning at York University and Canada could begin racking up medals right off the bat.

Women's javelin tosser Liz Gleadle, men's pole vaulter Shawn Barber and women's 5,000-metre ace Jessica O'Connell headline the opening morning

session of the five-day meet that is one of the marquee attractions of the Games.

And the newest track star seemingly destined for greatness, sprint sensation Andre De Grasse runs his 100-metre heat.

The Americans have sent very much a 'B' team to Toronto, holding back their best for the worlds while other Pan Am countries aren't likely able to match Canada's depth.

So Tuesday morning could be a prime example of Canada's overall talent coming to the fore.

TORSTAR NEWS SERVICE



MARK BLINCH/THE CANADIAN PRESS

Tour leader's teammate crashes on final descent

CYCLING

Chris Froome set to battle challengers in the Alps

Two bright-yellow Tour de France arrows attached to a telephone pole were telling Geraint Thomas to veer sharp right.

He rode straight into them.

Roadside spectators on the hairpin bend both froze and scattered as the burly Welshman barrelled toward them. Braking frantically, one shoe unclipped from his pedals, the right-hand man for race leader Chris Froome tried to shave off speed.

No joy.

A spectator's folded plastic chair flew as the racer for Team Sky careened into the pole, shoulder and helmeted-head first. Thomas bounced off it like a tossed rag doll and disappeared over a drop-off into a dark thicket of woods.

At least he finished Stage 16 with his sense of humour intact. Asked if he still remembered his name, Thomas jokingly replied: "Chris Froome."

Had it really been race leader Froome, not Thomas, who



Great Britain's Christopher Froome, wearing the overall leader's yellow jersey, rides in the pack during the 183-kilometre 15th stage of the 102nd Tour de France on Monday between Mende and Valence in southern France. ERIC FEFERBERG/AFP/GETTY IMAGES

crashed on the stage's hair-raising final descent in the foothills of the Alps, their Team Sky bosses wouldn't have seen the funny side.

Surviving the tortuous downhill bends raced at speeds of 70 km/h or more with his body and race lead still in one piece means that Froome now only has four days of climbing to get through before the British rider sips a flute of champagne Sunday on the Champs-Élysées.

Outwitting Peter Sagan, who took heart-in-the-mouth risks on the descent, Spanish rider Ruben Plaza Molina rode triumphantly into the finish at Gap as the solo

I'm sure it will take more than a knock to the head to keep him out. He's Welsh. People from Wales are tough. Team Sky manager Dave Brailsford

winner. Crossing the line, Plaza sucked his right thumb as a wink to his young son.

The Lampre-Merida rider reached the top of the stage's last climb with about a minute's lead on Sagan, who rides for Tinkoff-Saxo.

As they both sped down, with Sagan gaining, Plaza's team kept him updated on the time-gap via his earpiece radio.

battle in the Alps after a rest day on Tuesday.

Victoria's Ryder Hesjedal was in 71st place, over an hour and 40 minutes behind Froome. Langley, B.C., native Svein Tuft was 167th.

Sagan beat his heart several times as he crossed the line 30 seconds behind Plaza. Sagan said he copied the chest-thump from the Leonardo DiCaprio movie, *The Wolf of Wall Street*. The Slovak has been a wolf on the road, constantly hunting for wins — so far without success. This was his fifth second place at this Tour.

Thomas's crash wasn't his fault. French rider Warren Barguil tried cutting the bend and collided with the Welshman, sending him on to his close encounter with the telephone pole.

The Giant-Alpecin rider was apologetic. He said he had wanted to brake but his finger slipped.

"I was very frightened," Barguil said. "I didn't do it on purpose."

Having clambered out of the bushes, Thomas remounted his bike.

"Then the mechanic came with the other one, so I jumped on that," he said. "Probably wasted a few seconds."

To be exact, 38 seconds. That's how much time he lost on the stage to Froome and other podium contenders. Froome understandably didn't hang around to see if his teammate was OK. Froome, after all, has a Tour to win, while Thomas is just his support rider.

Still, the crash is a setback to Thomas' chances of joining Froome on the podium in Paris. At the start of the stage, Thomas was 4 minutes and 54 seconds behind his Team Sky leader. Now he is 5:32 back, still in sixth place overall.

THE ASSOCIATED PRESS

FIFA

Blatter to remain prez until February

Sepp Blatter had a good day at the office on Monday, even if a prankster tried to spoil it by showering the FIFA president with fake dollar bills at a news conference.

Nothing could spoil Blatter's day after he outwitted some of his FIFA opponents to earn precious extra time as their president and enjoy more such days in 2016.

Mastering FIFA politics yet again, amid calls to step down immediately, Blatter is set to stay atop world soccer for seven more months after FIFA agreed Monday on a Feb. 26 election to replace him. Blatter was in such a



Sepp Blatter

GETTY IMAGES

good and defiant mood that he quickly shrugged off a chaotic start to his first major public appearance since a stunning resignation statement last month.

A British comedian who gatecrashed the news conference at FIFA's headquarters threw the fake bills in the air after making a spoof statement about supporting North Korea to host the 2026 World Cup.

The image of Blatter cowering under a spray of money was powerful amid ongoing American and Swiss federal investigations of FIFA corruption, yet he regained his poise.

"I just called my late mother," he quipped on returning to the room minutes later, "and she said, 'Don't worry, it's just a lack of education.'"

Still, it made for an uneasy start with international networks and FIFA's own YouTube channel broadcasting the news conference live.

"Where is my security?" Blatter had shouted.

The interruption provided an awkward reminder of a far more serious incident for FIFA in May, when the arrest of soccer and sports marketing officials plunged the game's ruling body into its deepest crisis.

Jolted by the dual criminal investigations into bribery and money laundering, Blatter announced four days after being elected for a fifth term that he would leave FIFA.

"It was not only the pressure of any authorities ... it was also the pressure of political interference and also the pressure of you, media," said Blatter, who is a target of the U.S. investigation.

THE ASSOCIATED PRESS

+ CLOSEST RIVAL

Froome's closest rival remains Nairo Quintana, trailing by 3:10. Last year's champion, Vincenzo Nibali, clawed back a few seconds by riding away from Froome's group on the last climb. But the Italian is still 7:49 off the lead, in eighth place.

NHL

Quebecor enters bid for expansion team

Quebecor Inc. has entered the running for an NHL expansion team.

The media company wrote on its Twitter account that it submitted its "candidacy for the NHL expansion process in order to bring the Nordiques back to Quebec City."

The NHL announced last month it was opening the formal expansion

process. The application process began July 6, with the first stage lasting until Monday. Quebec City has not had an NHL team since the Nordiques left became the Colorado Avalanche in 1995.

Quebecor is among several groups that has expressed interest in an expansion franchise, along with Las Vegas, Seattle and others. THE CANADIAN PRESS

2017-18

The NHL has said the earliest any expansion would happen is the 2017-18 season.

IN BRIEF

Predators sign forward Craig Smith to \$21M deal

The Nashville Predators have avoided arbitration with Craig Smith by signing the forward to a \$21.25 million, five-year contract.

General manager David Poile announced the deal with the restricted free agent on Monday.

Smith, 25, has scored at least 20 goals in two straight seasons. He had five points in six games in Nashville's first-round playoff loss to Chicago.

THE ASSOCIATED PRESS

NHL

Oilers ceremony to honour Glen Sather

The Edmonton Oilers will raise a banner at Rexall Place to honour former coach, general manager and executive Glen Sather.

The ceremony will take place Dec. 11 before a game versus the New York Rangers. Sather, who coached the Oilers to four Stanley Cup championships, is currently the Rangers president.

Sather will become the ninth Oiler to be honoured with a banner, joining Al Hamilton, Wayne Gretzky, Jari Kurri, Grant Fuhr, Paul Coffey, Mark Messier, Glenn



Glen Sather

GETTY IMAGES

(1984-88) and a fifth in 1990 as the team's president and general manager. THE CANADIAN PRESS

Anderson and longtime radio broadcaster Rod Phillips.

Sather was inducted into the Hockey Hall of Fame in 1997. He won four Stanley Cups as the Oilers head coach

RECIPE Tomato, Avocado, Crouton and Parmesan Crisp Salad



EAT LIGHT AT HOME

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Ready in

Prep time: 15 minutes

Serves 6

Ingredients

- 1 cup freshly grated Parmesan cheese (4 oz)
- 4 slices French baguette (1/2-inch thickness), cut into cubes
- 1 Tbsp grated Parmesan cheese
- Salt and pepper
- 4 cups cherry or grape tomatoes, sliced in half
- 1/2 cup diced ripe avocado
- 2 Tbsp lemon juice
- 2 Tbsp olive oil
- 1 tsp Dijon mustard
- 1/2 tsp minced garlic
- 3 Tbsp chopped basil

Directions

1. To make the Parmesan crisps: Preheat the oven to 375 F. Line a baking sheet with parchment paper. With a 1 Tbsp measuring spoon, place the cheese on a baking sheet, making 12 rounds. Bake for eight minutes.

2. At the same time, place baguette cubes on small baking sheet lined with foil. Spray with vegetable oil and sprinkle with 1 Tbsp Parmesan cheese and salt and pepper. Bake for eight minutes or until toasted.

3. Place tomatoes and avocado on serving platter. Combine ingredients for dressing and pour over top. Garnish with baguette croutons and Parmesan crisps.

Nutrition per serving

- Calories 180
- Carbohydrates 4 g
- Total fat 12 g
- Sodium 350 mg

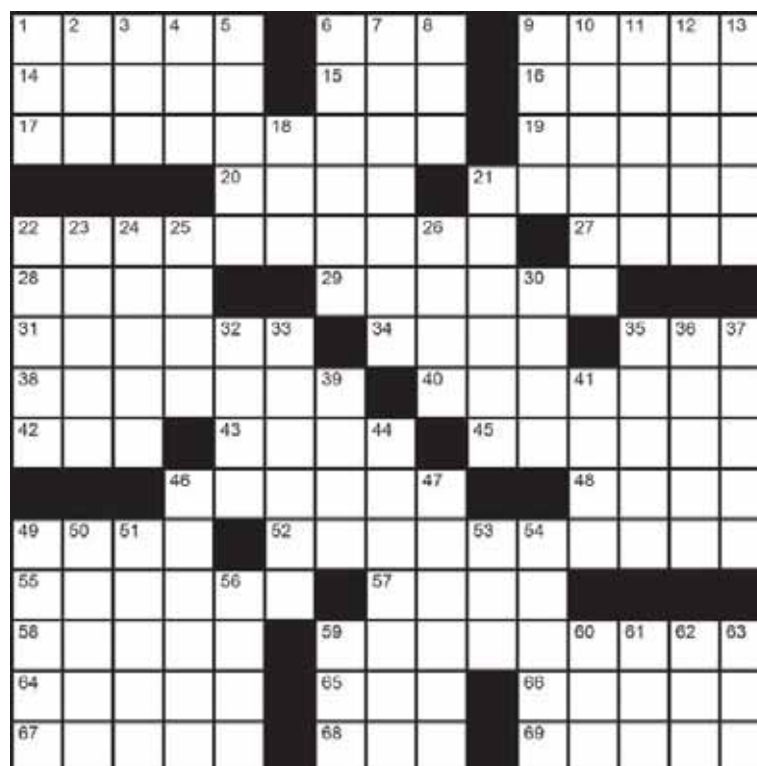
PHOTO: ROSE REISMAN

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Earthquake! San Andreas _
6. Owl's question?
9. White-plumed heron
14. Spelled-out "Star Wars" (1977) character, _-Detoo
15. Diving bird
16. Sincerely
17. Musee des _- de Montreal
19. Preps teeth for fillings
20. "Canadian _" (Talent show Ben Mulroney hosted)
21. Gilligan's building material on the Island
22. 1979 Rupert Holmes hit: "Escape (The _ Song)"
27. History Channel's " _ Stars"
28. Adam and Eve's grandson
29. Harps on
31. Even though
34. _- date (Book the chapel)
35. "Violin" suffix
38. _ Park (Amusement park near Calgary)
40. Pepper stuffed into an olive
42. Iris locale
43. Expanse
45. Milk container
46. Lord's Prayer part: "... _ in heaven."
48. Cast- _ pan
49. Glow
52. Emergency exit stairway: 2 wds.
55. Immerse
57. Move like a river



58. Rome's home
59. _ Museum (Heritage attraction in Winnipeg which was the home of Sir Hugh John Macdonald (son of our first Prime Minister) who was briefly the Premier of Manitoba)

64. "When pigs fly!"
65. Miner's find
66. Kitchen gadget
67. The Shopping Channel host Ms. Culliford
68. Mal de _ (Seasickness)
69. Impulsive

DOWN

1. The _ Four (The Beatles)
2. Queen's "We _ the Champions"
3. Stage actress Ms. Hagen
4. Mr. Diamond Phillips
5. Britney Spears hit

6. "Ghostbusters" (1984) star Mr. Ramis
7. Wanted Poster fugitives
8. Sanctions
9. Sicilian volcano
10. Grouches
11. Dance style
12. _ macaroni

13. Model/actor Mr. Beckford
18. Brouhaha
21. Sea in Europe; or, Monopoly board avenue
22. Alberta's _ River
23. Mosaic component
24. Aristocratic
25. "...or to take arms against _ of troubles..." - Hamlet
26. Shallow's opposite
30. The Dalai _
32. Stevie Wonder's " _ Made to Love Her"
33. Duty
35. The 'I' in IV
36. Brownstone stairway
37. Large weight unit
39. Himalayas hairy humanoid
41. Country singer Mr. Church
44. Price paid by a plane's passenger
46. Protector-from-harm charm
47. Vendor
49. Human _
50. Door sign
51. Tequila plant source
53. Long time
54. _ of fabric
56. Constellation for the star Vega
59. Suffix with 'Free'
60. Canadian choo-choo company
61. First aid team, e.g.
62. Soak flax
63. Blue Rodeo hit

★ IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
There is a danger today that you will convince yourself that you can master something that does not come easy to you. It won't do much for your ego if and when it goes wrong.

Taurus April 21 - May 21
Your confidence may be sky-high but you are advised not to take too much for granted. What you gain over the next 24 hours could easily be lost through over-confidence later.

Gemini May 22 - June 21
If you are going to criticize someone today make sure you stick to the facts. If you exaggerate your complaints they will, quite rightly, complain that you are getting personal. It might be best to say nothing at all.

Cancer June 22 - July 23
You need to keep things simple over the next few days. Some things are important but most things are not, so go easy on yourself.

Leo July 24 - Aug. 23
You will need to keep your wits about you today, especially when dealing with money. It is unlikely that anyone is trying to cheat you intentionally but you cannot be too careful.

Virgo Aug. 24 - Sept. 23
If you tackle problems one at a time today you will get through the day with no trouble at all. But if you tackle them all in one go you will confuse yourself to such an extent that nothing worth doing is likely to get finished.

Libra Sept. 24 - Oct. 23
You are entitled to your beliefs and opinions. You are certainly under no obligation to submit to cross examination from people whose perspective on life is the opposite of your own.

Scorpio Oct. 24 - Nov. 22
Let your thoughts roam free today. If there are no limits to what you can imagine there will be no limits to what you can achieve, creatively or romantically. What is possible? Anything.

Sagittarius Nov. 23 - Dec. 21
Whatever challenges you face over the next few days you will tackle with ease. Your confidence is so high that even those above you on the ladder of success will ask you for advice.

Capricorn Dec. 22 - Jan. 20
You may be on a tight schedule but you still need to make time for people who depend on you for support. What you do for them now they will do for you tenfold in the future.

Aquarius Jan. 21 - Feb. 19
Don't be afraid to voice your point of view, even if it is seriously at odds with what majority opinion believes. It's not about quantity, it's about quality, and your arguments are on a much higher level than most.

Pisces Feb. 20 - March 20
Someone you are fond of will please you today but someone else will annoy you. Your mood will depend on how you choose to react.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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